

Educational activities · Secondary, vocational and adult education

Respect for nature · Original school-year brochure 2024-2025

Our activities aim to encourage respect for nature through a friendly, hands-on and enjoyable experience. The workshops use a participatory and experimental approach: students carry out every step themselves, learning through practice and personal experimentation.

The approach is also collaborative: tasks are shared during some stages, requiring group work and agreed decisions. Activities are dynamic, with a lively pace that sustains motivation, and playful, using games as an essential learning tool. Information and reservations in the original brochure: mariajose@bosqueencantado.net.

Guided botanical garden visit · All ages · 1-1½ hours

Educators lead the group through the garden, stopping at points of interest to observe important plant species and discover their distinctive characteristics. Starting with participants' curiosity, we encourage observation, discovery and investigation of natural elements along the route.

For early years and the first primary years, stories of fairies and elves adapt the content to children's age and learning ability. Songs and games make the route engaging. Objectives: recognise the main plant species and their ecological, ornamental, medicinal, cultural or culinary importance; explore topiary, cactus, bonsai, aromatic plants and natural vegetation; and enjoy a magical garden in nature.

Creative cards · Primary years 4-6, secondary and adults · 60 minutes

Stimulate imagination through creative design, experiment with artistic techniques and respect your own and others' artwork. Secondary students use visual language to communicate ideas or feelings about personal, social and natural environments.

Make a card for a greeting, a memory or 'my experience at El Bosque Encantado', using stencils and different motifs on card. Secondary groups also use decorative paper cut-outs and scrapbooking techniques.

Animal workshop · All levels, including secondary · 60 minutes

Content and language are adapted to students' maturity and knowledge. Meet different animals in a simple, participatory and playful way. Respect animals as living beings, appreciate their role in ecosystems, understand endangered and vulnerable species and their causes, and encourage responsible pet ownership.

The session covers the general characteristics of mammals, birds and reptiles; habitats; diet and reproduction; handling, care and conservation. Students observe and interact with animals and discover their characteristics and needs. Direct contact, experimentation and discovery support meaningful learning: an opportunity to see animals that are often only drawn or studied on paper.

Yoga in nature · Ages 3 and up · 45–60 minutes

Yoga brings body and mind together. Postures, breathing games, concentration, attention and relaxation help improve relationships with ourselves, classmates, family and our surroundings. It encourages a calm, focused mind, a healthy energetic body and an open, happy heart.

Objectives: strengthen muscles and joints, coordination and balance; support motor development; improve concentration and attention; ease tension and stress; and build confidence and self-esteem. Children play, have fun and express themselves. Sessions imitate animal and nature sounds and shapes, use music, stretching, different breathing games and guided visualisation. Duration depends on participants' maturity.

Orienteering · Secondary, vocational and adults · 2 hours

Maximum: two classes per day. Learn to navigate a natural environment, interpret the surroundings, use natural landmarks, handle a compass and compass rose, locate yourself on a map and establish a direction through unfamiliar terrain. Reinforce respect and trust within the group and recognise characteristic botanical species.

The first stage introduces the activity and basic skills: a map, compass and compass rose, plus natural navigation aids (approximately 15 minutes). The practical stage follows a sequence of clues through the botanical garden in a team challenge. One, two or three participants lead each stage, with leadership rotating. Each stage is marked on a map completed using a compass, supported by accompanying educators.

Ethnobotany · Secondary, vocational and adults · 1½ hours

Use the natural environment as a learning resource through personal experience. Investigate plants around El Bosque Encantado and discover how people have traditionally used them and still use them.

Create three ethnobotanical records showing relationships between people and plants over time: tools, shelter, food, healing properties, communication, association with culture, myths and beliefs. Students observe and discover plants, learn about different uses and collect material to record them. They then work in teams to create botanical records with species names, uses, properties and a descriptive drawing or image.